



# MAY 2024 CELEBRATE OLDER AMERICANS MONTH POWER OF CONNECTION

- 1ST** Senior Health & Wellness Expo  
10:00am - 1:00pm  
Unity Center
- 7TH** Senior Tuesdays - Classes  
10:00am - 12:00pm  
Firehouse Community Room
- 8TH** Silver Striders - Walking Group  
9:00am-10:00am  
Central Community Park
- 13TH** BUNCO - Fun & Games  
10:30am - 12:30pm  
Firehouse Community Group
- 15TH** Silver Striders - Walking Group  
9:00am-10:00am  
Cordes Park
- 18TH** Music in the Park - Senior VIPs  
6:00pm - 9:00pm  
Unity Center
- 21ST** Senior Tuesdays - Classes  
10:00am - 12:00pm  
Firehouse Community Room
- 22ND** Silver Striders - Walking Group  
9:00am-10:00am  
Hansen Park
- 29TH** Silver Striders - Walking Group  
9:00am-10:00am  
Central Community Park
- 30TH** Book Binders - Book Club  
11:00am-12:00pm  
Mountain House Library - TH-1



Mountain House Community Services Department Parks and Recreation  
251 E. Main Street, Mountain House, CA 95391  
(209) 831-5623 | [www.mountainhousecsd.org](http://www.mountainhousecsd.org)  
#MHSeniors #MHSeniorEvents #MHOlderAmericansMonth

